



# USA Track & Field



## *2010 Illinois USATF Association Masters and Open Indoor Track & Field Championships Results*

**Saturday, February 20, 2010**  
Westwood Indoor Track Facility  
Sterling, Illinois

**“One of the Finest Indoor Track and Field Facilities in the Midwest”**

**Meet Directors: Barb Lauff and Mike Sullivan**

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*Barb and Mike would like to thank all our volunteers for the event as well as all the athletes who came to the meet. It was a lot of fun, and just wait until 2011!*

### **Women 55 Meter Dash Preliminaries**

1, Jackson, Destinee, Golden Eagle, 8.79q. 2, Fredericks, Jasmine, Golden Eagle, 9.14q. 3, Edwards, Avery, Sterling, 9.76q. 4, Shaw, Jassalynn, Golden Eagle, 9.86q. 5, Meza, Alicia, Golden Eagle, 11.19q. 6, Meza, Araceli, Golden Eagle, 12.39q. 7, White, Jasmine, Golden Eagle, 12.91.

### **Women 200 Meter Dash Finals**

1, Tillman, Logan, Golden Eagle, 26.61. 2, Solis, Gabriella, Golden Eagle, 31.13. 3, Hardy, Shamarra, Golden Eagle, 32.01. 4, Simmons, Kaylynn, Golden Eagle, 32.34. 5, Fredericks, Jasmine, Golden Eagle, 34.11. 6, Jackson, Destinee, Golden Eagle, 34.60. 7, Jackson, Taliyan, Golden Eagle, 34.99. 8, Pearce, Talicia, Golden Eagle, 35.00. 9, Jackson, Camryn, Golden Eagle, 35.44. 10, McCoy, Alexandra, Golden Eagle, 37.66. 11, Edwards, Avery, Sterling, 38.09. 12, Pearce, Adrianna, Golden Eagle, 40.09. 13, Shaw, Jassalynn, Golden Eagle, 40.11. 14, Meza, Alicia, Golden Eagle, 44.03. 15, Meza, Araceli, Golden Eagle, 50.48. 16, White, Jasmine, Golden Eagle, 52.11.

### **Women 400 Meter Dash**

1, Tillman, Logan, Golden Eagle, 1:07.09. 2, Hinkes, Maryanne, Masters, 1:23.99. 3, Pearce, Adrianna, Golden Eagle, 1:30.28. 4, Shaw, Jassalynn, Golden Eagle, 1:33.97. 5, Meza, Alicia, Golden Eagle, 1:39.74. 6, Meza, Araceli, Golden Eagle, 1:51.92.

### **Women 1500 Meter Run**

1, Hinkes, Maryanne, Masters, 6:29.54.

### **Women 1600 Meter Run**

1, Stimac, Heidi, Elburn, 5:51.04. 2, Staudacher, Rachel, Elburn, 5:52.99. 3, Lauff, Barb, Masters, 5:58.80. 4, Sanchez, Mercedes, Sterling, 6:14.56. 5, McPherson, Maggie, Sterling, 6:16.07.

**Women 3000 Meter Run**

1, Whitley, Kelly, Elburn, 10:20.29. 2, Clay, Jennifer, Elburn, 11:00.26. 3, Voelkel, Nicole, Unattached, 11:11.71. 4, Lauff, Barb, Masters, 11:30.37. 5, Scanlan, Maggie, Elburn, 11:30.89. 6, Greiner, Melanie, Elburn, 11:47.77. 7, Hinkes, Maryanne, Masters, 12:59.53.

**Women 55 Meter Hurdles**

1, Tillman, Logan, Golden Eagle, 8.79. 2, Jackson, Taliyan, Golden Eagle, 13.55.

**Women 4x200 Meter Relay**

1, Golden Eagle Track Club 'B' (Fredericks, Jasmine 13, Pearce, Talicia 14, Solis, Gabriella 13, Simmons, Kaylynn 12), 2:12.82. 2, Golden Eagle Track Club 'A' (Jackson, Camryn 11, McCoy, Alexandra 10, Hardy, Shamarra 11, Parchman, Makayla 11), 2:19.02.

**Women 4x800 Meter Relay**

1, Saint Ambrose 'A' 10:05.00.

**Women Long Jump**

1, Solis, Gabriella, Golden Eagle, 13-01.50. 2, Hardy, Shamarra, Golden Eagle, 11-00. 3, Simmons, Kaylynn, Golden Eagle, 9-11.50. 4, Edwards, Avery, Sterling, 7-06.50. 5, White, Jasmine, Golden Eagle, 4-08.

**Women Shot Put**

1, McCoy, Alexandra, Golden Eagle, 9.10m. 2, Jackson, Camryn, Golden Eagle, 7.62m. 3, Jackson, Taliyan, Golden Eagle, 6.02m. 4, O'Brien, Sandra, Masters, 5.29m. 5, Pearce, Talicia, Golden Eagle, 4.62m. 6, Pearce, Adrianna, Golden Eagle, 4.27m.

**Women Weight Throw Preliminaries**

1, O'Brien, Sandra, Masters, 3.93mq.

**Women Super Weight Finals**

1, Green, Martha, Masters, 3.08m.

**Men 55 Meter Dash Preliminaries**

1, Wahl, Phil, Unattached, 6.54q. 2, Potocnik, Ron, Masters, 6.77q. 2, Dorathy, Alec, College, 6.77q. 4, Jackson, L. Aaron, Masters, 6.90q. 5, Winkley, Kyle, Unattached, 6.96q. 6, Spinka, Odin, College, 7.07q. 7, Woodard, Donald, Golden Eagle, 7.24. 8, Parker, Rick, Masters, 7.62. 9, Anderson, Sherrick, Masters, 7.68. 10, King, Brandon, Sterling, 7.70. 11, Zahn, Robert, Masters, 7.75. 12, Kral, Richard, Masters, 8.44. 13, Ripp, Marvin, Masters, 8.48. 14, Labelle, George, Masters, 8.61. 15, Warren, JT, Sterling, 10.10.

**Men 200 Meter Dash Finals**

1, Wahl, Phil, Unattached, 24.73. 2, Potocnik, Ron, Masters, 24.76. 3, Jackson, L. Aaron, Masters, 26.27. 4, Winkley, Kyle, Unattached, 26.35. 5, Woodard, Donald, Golden Eagle, 26.55. 6, Gray, Michael, Masters, 29.63. 7, Kral, Richard, Masters, 29.70. 8, Parker, Rick, Masters, 33.18. 9, Krammes, Colton, Unattached, 36.36. 10, Labelle, George, Masters, 44.16. 11, Warren, JT, Sterling, 49.10.

**Men 400 Meter Dash**

1, Woodard, Donald, Golden Eagle, 59.91. 2, Henderson, Cameron, Golden Eagle, 1:00.91. 3, Anderson, Sherrick, Masters, 1:03.20. 4, Trancoso, Decota, Sterling, 1:03.82. 5, Ripp, Marvin, Masters, 1:13.15. 6, Warren, JT, Sterling, 1:26.16. 7, Krammes, Colton, Unattached, 1:37.62.

**Men 1500 Meter Run**

1, Gray, Michael, Masters, 5:47.70. 2, Berndt, Michael, Masters, 5:59.76.

**Men 1600 Meter Run**

1, Schuldts, Braxton, Sterling, 4:17.88. 2, Kautman, Kevin, Masters, 4:58.45.  
3, Torosiann, Martin, Elburn, 5:46.41. 4, Dickson, Carter, Elburn, 5:48.17. 5,  
McKanna, Ryan, College, 5:51.54. 6, Shipp, Travis, Sterling, 5:52.58. 7,  
Hansen, Cody, Sterling, 6:20.32. 8, Thibodeaux, Joey, Sterling, 6:22.94. 9,  
Vesling, Greg, Unattached, 6:25.15. 10, Shipp, Tanner, Sterling, 6:31.02.

**Men 3000 Meter Run**

1, McDowell, Kevin, Elburn, 8:51.15. 2, Dickson, Nolan, Elburn, 9:49.99. 3,  
Kautman, Kevin, Masters, 10:09.51. 4, Sinadinos, Nick, Unattached, 10:14.28.  
5, Lauff, Kenn, Masters, 10:34.97. 6, Lateef, Ogunjobi, Unattached, 11:20.90.  
7, Dickson, Keith, Unattached, 11:44.57. 8, Kesling, Gregory, Masters,  
12:52.18.

**Men 5000 Meter Run**

1, Baker, Matt, College, 17:23.64.

**Men 55 Meter Hurdles**

1, Zachwieja, Grey, Masters, 8.72. 2, Henderson, Cameron, Golden Eagle, 8.80.  
3, Zahn, Robert, Masters, 9.24. 4, Labelle, George, Masters, 10.89. 5,  
Schuster, Neal, Masters, 12.65. 6, Mills, Bruce, Masters, 15.46.

**Men 4x800 Meter Relay**

1, Sterling Track Club 'A' (Hansen, Cody , Thibodeaux, Joey , Schuldts, Braxton  
, Trancoso, Decota ), 10:58.00.

**Men High Jump**

1, Stockard, Guy, Masters, 5-06. 2, Zahn, Robert, Masters, 5-00. 3, Labelle,  
George, Masters, 3-08. 3, Schuster, Neal, Masters, 3-08. 3, Mills, Bruce,  
Masters, 3-08.

**Men Pole Vault**

1, Holton, Dan, Masters, 4.45m. 2, Gilbert, Dave, Masters, 3.70m. 3,  
Christopher, Terry, Masters, 3.35m.

**Men Long Jump**

1, Anderson, Sherrick, Masters, 15-03. 2, Henderson, Cameron, Golden Eagle,  
14-06.75. 3, Berndt, Michael, Masters, 12-04.50. 4, Schuster, Neal, Masters,  
12-00.25. 5, Ripp, Marvin, Masters, 11-03. 6, Labelle, George, Masters, 10-09.  
7, Krammes, Colton, Unattached, 8-10.75. 8, Warren, JT, Sterling, 7-06.50.

**Men Triple Jump**

1, Berndt, Michael, Masters, 27-08.75. 2, Labelle, George, Masters, 22-08.25.

**Men Shot Put**

1, Zahn, Jason, Unattached, 13.75m. 2, Cleary, Dale, Masters, 10.51m. 3, Wahl,  
Josh, Unattached, 10.29m. 4, Cohn, Steven, Masters, 10.23m. 5, Ripp, Marvin,  
Masters, 9.92m. 6, Labelle, George, Masters, 9.87m. 7, Bourn, John, Masters,  
9.79m. 8, Cleary, Kyle, Unattached, 9.70m. 9, Stainlauf, Marvin, Masters,  
7.93m. 10, Schuster, Neal, Masters, 7.28m. 11, Meza, Antinio, Golden Eagle,  
7.00m.

**Men Weight Throw Preliminaries**

1, Dahlin, Jon, Unattached, 16.89mq. 2, Zachwieja, Grey, Masters, 12.38mq. 3,  
Cleary, Kyle, Unattached, 12.23mq. 4, Bourn, John, Masters, 12.16mq. 5,  
Theologes, Greg, Masters, 12.02mq. 6, Cleary, Dale, Masters, 10.84mq. 7,  
Schuster, Neal, Masters, 10.51mq. 8, Labelle, George, Masters, 10.20mq. 9,  
Willett, Doug, Unattached, 9.00mq.

**Men Super Weight Finals**

1, Theologes, Greg, Masters, 7.30m. 2, Labelle, George, Masters, 6.33m. 3,  
Bourn, John, Masters, 4.38m. 4, Schuster, Neal, Masters, 3.33m.

