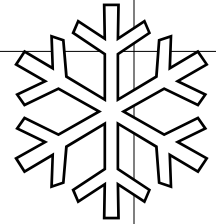


9th Annual Say "NO" to Snow 5K Run/Walk



Saturday, February 25, 2012 11:00 a.m.
Lanark, Illinois

To Benefit the Eastland Council of
Churches Winter Wear
and Heating Assistance Programs.



Race Details:

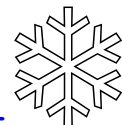
Out and back course is flat and friendly...unless it is cold and windy!

Day of race registration opens at 9:30 a.m. On The Move Fitness Center
located one block west of downtown Main Street.

Post race awards at approximately 12:00 at Dave's Place. 3 medals
deep in 13 age groups for male and female, starting with 10 and
under through 70+. Special Overall Male and Overall Female
Awards. Lots of unique snowflake medals—you'll want one!!!!

Karaoke (waiting for final confirmation), a delicious lunch (for a
donation—you gotta eat somewhere...support our cause!), and a
raffle, (the usual homemade goodies).

Long sleeved t-shirt; not quite as crazy as last year's "yellow snow"
thoughts, but unique anyway!



Name: _____ Age (Feb 25): _____ Sex : M F

Address: _____ Fee: \$18 Payable to Say NO To Snow

City, State: _____ Phone: _____

Circle t-shirt size Small Medium Large Xlarge XXLarge

Waiver: I hereby signify that I understand that the beneficiary, sponsors, and city where I run,
and all other organizations and persons connected with the event are not responsible for any
injuries which I may suffer while taking part in this event or as a result thereof. I hereby waive any
claim of damages to my person or property. I grant full permission for organizers to use
photographs of me and quotations from me in legitimate accounts and promotions of this event.

Signature: _____ (parental if under 18) Date: _____

Mail form and payment to:

Le Hartman, 703 13th Ave. Sterling, IL 61081

For more information, call 815-291-6472