

2012 ROCK RIVER ROAD RUNNERS RACE CIRCUIT

**all races are confirmed for 2012*

*1) Saturday, February 4 th	12:00pm	B-rrry Scurry 4M	Clinton, IA
*2) Saturday, February 25 th	11:00am	Say No to Snow 5K	Lanark, IL
*3) Friday, March 23 rd	6:45pm	Cardinal Twilight Classic 5K	Forreston, IL
*4) Sunday, March 25 th	9:00am	Easter Seals 4M	Clinton, IA
*5) Saturday, May 5 th	8:00am	Steve Klooster/Dutch Days 5K	Fulton, IL
*6) Saturday, June 2 nd	7:00pm	June Bug Jog 5K	Hampton, IA
*7) Sunday, June 3 rd	9:00am	SMART/Brad Onken 5K	Sterling, IL
*8) Friday, June 22 nd	6:45pm	Raging Road Rally 5K	Lanark, IL
*9) Saturday, June 30 th	8:00am	Reagan Run 5K	Dixon, IL
*10) Saturday, July 14 th	8:00am	YWCA Race Against Racism 5K	Sterling, IL
*11) Saturday, August 4 th	8:00am	Music in Motion 5K	Sterling, IL
*12) Saturday, August 25 th	8:00am	Cross Country Run 5K	Prophetstown, IL
*13) Saturday, September 1 st	8:00am	Min's Mississippi 4M	Thomson, IL
*14) Saturday, September 8 th	8:00am	Canal Crawl 5K	Rock Falls, IL
*15) Saturday, September 15 th	9:00am	Harvest Hammer 5K/Duathlon	Morrison, IL
*16) Sunday, October 21 st	9:00am	Pumpkin Dash 8K/4K	Davenport, IA
*17) Sunday, November 18 th	TBA	Run for the Red 5K	DeWitt, IA
*18) Saturday, November 24 th	4:00pm	Symphony of Lights 5K	Clinton, IA
*19) Sunday, December 2 nd	9:00am	Reindeer Ramble 5K	Moline, IL
*20) Friday, December 7 th	6:30pm	Christmas Run 2M	Fulton, IL
21) WILD CARD RACE			

RACE RESULTS CHART

#	DATE	RACE NAME	TOWN	RESULTS
1	Saturday, February 4 th	B-rrry Scurry 4M	Clinton, IA	
2	Saturday, February 25 th	Say No to Snow 5K	Lanark, IL	
3	Friday, March 23 rd	Cardinal Classic 5K	Forreston, IL	
4	Sunday, March 25 th	Easter Seals 4M	Clinton, IA	
5	Saturday, May 5 th	Dutch Days 5K	Fulton, IL	
6	Saturday, June 2 nd	June Bug Jog 5K	Hampton, IL	
7	Sunday, June 3 rd	SMART 5K	Sterling, IL	
8	Friday, June 22 nd	Raging Road Rally 5K	Lanark, IL	
9	Saturday, June 30 th	Reagan Run 5K	Dixon, IL	
10	Saturday, July 14 th	YWCA 5K	Sterling, IL	
11	Saturday, August 4 th	Music in Motion 5K	Sterling, IL	
12	Saturday, August 25 th	P-town XC 5K	P-town, IL	
13	Saturday, September 1 st	Min's Miss. 5K	Thomson, IL	
14	Saturday, September 8 th	Canal Crawl 5K	Rock Falls, IL	
15	Saturday, September 15 th	Harvest Hammer 5K	Morrison, IL	
16	Sunday, October 21 st	Pumpkin Dash 4K/8K	Davenport, IL	
17	Sunday, November 18 th	Run for the Red 5K	DeWitt, IA	
18	Saturday, November 24 th	Symphony of Lights 5K	Clinton, IL	
19	Sunday, December 2 nd	Reindeer Ramble 5K	Moline, IL	
20	Friday, December 7 th	Christmas Run 5K	Fulton, IL	
21	WILD CARD RACE			

ROCK RIVER ROAD RUNNERS 2012 RACE CIRCUIT GUIDELINES

The RRRR would like to encourage you to participate in our 11th annual Race Circuit. We want to reward you for participating and volunteering in our local races that come throughout the year. We would like you to earn points by offering your time for volunteering for events as well.

Our philosophy is first and foremost to support running those races which are local and races directed by members of the RRRR. We also factor race management, quality of event, positive experience for participants. We also strive to provide more options with the number of circuit races for members to earn points and qualify for awards.

Rules and Eligibility Requirements:

1. You must be a current RRRR member. Races run prior to membership are not retroactive and will not count toward total points results. Only races run after a member joins may count.
2. The circuit is free to join.
3. A minimum of only SIX circuit races must be run to qualify for awards!
4. Children 18 and under only need to complete 3 circuit races to qualify for an award!
5. You must mail in the Results Chart by **Friday, December 14th, 2012** to qualify for an award. You will not need to submit your Results Chart, unless completed, at any other time other than by December 14th, 2012.
Mail completed Circuit Chart to:
ANITA JOHNSON
405 W. 10TH STREET
STERLING, IL 61081
(815) 622-8392
anitayoungjohnson@yahoo.com
6. All participants must declare an Age Group or Division and indicate that on the Results Chart.
7. Participants are based in Age Group/Division **as of the first circuit race** and will remain in that Age Group/Division for the year.
Age Group: Male/Female 18-under, 19-29, 30-39, 40-49, 50-59, 60+,
Divisions: Clydesdale (200+), Athena (150+), *Walkers Division Male, *Walkers Division Female
* Those declaring Walkers Division may neither join nor change Divisions/Age Group during the year.
* All those in Walkers Division must walk the entire race. No running of any segment of the race is allowed.
8. Awards for age groups will be based on numbers in each.
9. Points structure is as follows:
 - A) 3, 2, 1, 1, 1 etc. for 5K (1st=3 points, 2nd= 2 points, 3rd on down 1 point each)
 - B) 4, 3, 2, 1, etc. for 4M-10M
 - C) 5, 4, 3, 2, 1 etc. for ½ marathon/duathlon
 - D) 6, 5, 4, 3, 2, 1 etc. for marathons
 - E) 3 points will be awarded for volunteering to help at an event, if you are either a race director or staff member of a circuit race.
10. Members must volunteer for at least one circuit race to qualify for awards.
11. No more than 3 races that a member volunteers for counts for points.
12. Tie Breakers will be determined on an as needed basis.
13. A **Club Member of the Year** award will be given for one male and one female runner.
14. **Wild Card race:** Members can select any race, not on our Circuit, to count as credit to the Circuit! Wild Card races will follow the same point structure as Circuit Races. Please submit Date, Name of Race, Location, Distance of race, and your official Finish time on the Results Chart.