

Week of Laughter  
Sponsored by:



# Run 4 Laughs & Rosannadana Dash

**Sunday, April 18th • Quad Cities Waterfront Convention Center**  
2021 State Street, Bettendorf • One Mile Fun Run - 8:00 a.m. • 5K Run/Walk 8:30 a.m.

**Registration Fees:** \$25 fee for pre-registered (postmarked by April 10<sup>th</sup>). After April 10<sup>th</sup>, registration is \$28 for all. Entrance fee is non-refundable and includes a colorful t-shirt and race day buffet breakfast. Shirt size is not guaranteed for entries received after the April 10<sup>th</sup> deadline. Do not mail entry after April 10<sup>th</sup>.

**Sleep In and Chip In - \$25**

**Packet Pickup:** Friday, April 16th, 11 a.m. to 4:00 p.m. at the Steeplegate Inn (So. Side under red awning) 100 W. 76<sup>th</sup> St, Davenport, IA . On race day, packets may be picked up beginning at 6:30 a.m. at the Quad Cities Waterfront Convention Center.

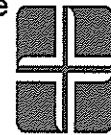
**Awards:** Awards will be given in the 5K for the overall men and women's champions, overall men and women's survivor champions and for 5-year age groups in both the men and women's divisions from under 10 to over 70 years old. Awards will also be given for the largest family and corporate teams.

**Register online:** [www.getmeregistered.com](http://www.getmeregistered.com) For information, contact Gilda's Club 563/326-7504 or [emailgc@gildasclubqc.org](mailto:emailgc@gildasclubqc.org)

Proceeds benefit the people and programs of Gilda's Club Quad Cities.

Mail Entry to Gilda's Run, 1234 East River Drive, Davenport, IA 52803 (Forms may be duplicated.) Date Received \_\_\_\_\_

Title Sponsor



**TRINITY**

IOWA HEALTH SYSTEM



LUJACK LEXUS OF THE QUAD CITIES

Last Name (please print legibly) MI First Name

Street Address

City

State

Zip

Phone

Race (circle one)

 5K 1 Mile

Birth Date

Sex (circle one)

 F  M

Shirt Size (circle one) Youth Size

 S  M  L  XL  2X YS  YM

Type (circle one)

 runner walker

Cancer Survivor?  Yes  No

Sleep In

Registration Amount:

Donation:

Total Amount Paid:

Corporate/Family Team Name: \_\_\_\_\_

**MasterCard/VISA# Expiration Date Signature WAIVER** (must be signed) In consideration of the acceptance of my entry, I for myself, my executors, administrators, and assigners, do hereby release and discharge Gilda's Club, City of Bettendorf, any sponsors, supporters, or volunteers, for all claims and damages, demands, actions whatsoever in any manner arising from participation in the Gilda's Run 5K/1 Mile Run or Walk. I attest and verify that I have full knowledge of the risks involved in this event, am physically fit, and sufficiently trained to participate in this event.

Signature (parent or guardian if under 18 years old) Date